



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NORM WAITT SR. YMCA JOB DESCRIPTION

Job Title: **Lifeguard**

Status: P/T Non-Exempt

Department: Aquatic

Reports to: Aquatics Director

Revision Date: April 4, 2019

POSITION SUMMARY:

This position supports the work of the Y, a leading nonprofit, charitable organization committed to strengthening community through youth development, healthy living and social responsibility. The Lifeguard at the Norm Waitt Sr. YMCA creates a safe and positive atmosphere that welcomes and respects all individuals while promoting and maintaining safe swimming conditions in the pool(s), deck, and surrounding areas in accordance with YMCA policies and procedures.

OUR CULTURE:

Our mission and core values are brought to life by our culture. In the Y, we strive to live our cause of strengthening communities with purpose and intentionality every day. **We are welcoming:** we are open to all. We are a place where you belong. **We are genuine:** we value you and embrace your individuality. **We are hopeful:** we believe in you and your potential to become a catalyst in the world. **We are nurturing:** we support you in your journey to develop your full potential. **We are determined:** above all else, we are on a relentless quest to make our community stronger beginning with you.

ESSENTIAL FUNCTIONS:

1. Maintains active surveillance of the pool area.
2. Knows and reviews all emergency procedures and responds to emergency situations immediately in accordance with YMCA policies, procedures, and the "safe-in-six" model; completes related reports as required.
3. Responds to challenges with possible solutions in a timely manner.
4. Knows, understands, and consistently applies safety rules, policies, and guidelines for the Indoor YMCA Pools, SSC Aquaplex and aquatic areas.
5. Remains calm and objective when under pressure or when challenged by others.
6. Maintains accurate records as required by the YMCA and/or the state health department code.
7. Performs equipment checks and ensures appropriate equipment is available as needed.
8. Checks the pool for hazardous conditions when arriving.
9. Performs chemical testing when not guarding, as required, and takes appropriate action.
10. Attends required monthly in-service trainings to maintain rescue ready skills and knowledge.
11. Understands a minimum of one lifeguard alertness test maybe implemented at any time or once a month while on duty.
12. All other duties as assigned by the leadership team.

YMCA COMPETENCIES (Leader):

- Critical Thinking & Decision Making
- Emotional Maturity
- Communication & Influence

The Y: We strengthen the community through youth development, healthy living, and social responsibility.

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QUALIFICATIONS:

1. Must be at least 15 years of age.
2. Must Complete the following trainings/certifications:
 - Basic life support or professional rescuer CPR/AED, and first aid
 - Current American Red Cross Lifeguard certification, YMCA Lifeguard certification or equivalent
 - Approved Mandatory Child Abuse Reporter Certification
 - Emergency procedure training
3. Ability to maintain certification-level physical and mental readiness.
4. Must demonstrate lifeguard skills in accordance with YMCA standards.

WORK ENVIRONMENT & PHYSICAL REQUIREMENTS:

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- Physically perform all skills required of a lifeguard.
- Hear noises and distress signals in the aquatic environment, including in the water and anywhere around the zone of responsibility.
- Remain alert with no lapses of consciousness.
- See and observe all sections of an assigned zone or area of responsibility.
- Outdoor and/or indoor exposure to temperature fluctuations.

EFFECT ON END RESULT:

- The Y will be recognized by the community as providing a safe environment to help promote healthy living, social responsibility, and youth development through aquatic opportunities for all participants to learn, grow, and thrive.
- The Y will effectively connect and build relationship with its participants and the community, increasing member enrollment and retention and ultimately increasing the number of people positively impacted by the Y.

SIGNATURE:

Today's date: _____

I have reviewed and understand this job description.

Employee's name

Employee's signature

Supervisor's name

Supervisor's signature