



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUMMER CAMP HANDBOOK!



CAMP OBJECTIVES:

Norm Waitt Sr. YMCA Summer Camp seeks to help each child:

1. Prevent summer learning loss by maintaining or increasing their current achievement levels in both literacy and math.
2. Develop an appreciation for himself/herself, family, school, community, country and other cultures.
3. Develop and improve interests and skills in the areas of sports, arts, science and outdoor activities.
4. Develop and improve personal and social skills that align with Y core values: CARING, HONESTY, RESPECT and RESPONSIBILITY.
5. Develop healthy living habits.
6. Have **FUN!**

CAMP DATES:

Camp Dates: June 3 - August 2, 2019 (No Camp July 1 - 5)

This summer we will be discovering new heights! We'll be taking weekly excursions to explore the great outdoors and bring imagination to life! We'll challenge campers to expand on their curiosity to discover new possibilities. It's going to be an unforgettable experience!

CAMP HOURS:

Camp opens at 7:30 AM each morning. Academic and enrichment activities are planned from 9:00 AM - 4:00 PM each day. All Campers must be picked up by 5:30 PM. (Dakota Valley) or 6PM (YMCA)

DROP OFF SITES AND TIMES:

Main Camp Site: **Dakota Valley Middle School**
1150 Northshore Dr., N. Sioux City, SD
7:30 - 9:00 AM

Y Bus Stop: **Norm Waitt Sr. YMCA**
601 Riverview Dr., S. Sioux City, NE
7:30 - 8:30 AM

Sunnybrook Church
5601 Sunnybrook Dr., Sioux City, IA
7:45 - 8:15 AM

A parent, guardian or authorized person must accompany each child to Camp or the Y Bus Stop to sign him/her into the program for the day. Your child should not be left at the program site unless he/she has been properly checked in with a Y Summer Camp Staff member.

Your child may only be dropped off at the Y Bus Stop sites between the allotted times. The bus will depart **promptly** each morning to transport campers to the Camp site.

PICK UP:

Your child may be picked up anytime between **4:00 - 5:30 PM** at Dakota Valley Middle School or at the YMCA from **4:45 - 6:00 PM**. Campers must be picked up and signed out by a parent, guardian or authorized person. Campers will only be released to person(s) listed as authorized to pick up and with a proper ID. Campers will not be released to any person who appears to be under the influence of drugs or alcohol.

If your child needs to be picked up prior to 4:00 PM, please notify Camp Staff in advance if possible or by calling the main Camp line: 712-333-7860.

If your child is not picked up by 5:30 PM, emergency contacts will be called and a \$10 late fee will be charged per every 10 minutes they are left at Camp. If a child is left more than 30 minutes after the end of the Camp day and we are unable to reach you, the Sioux City Police Department and Human Services will be notified.

DAILY MEALS:

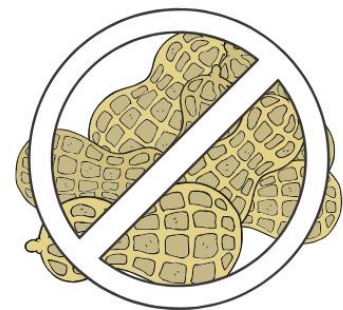
Campers will need to provide their own sack lunch daily. There are no microwaves available for our use. Please send your child with a cold sack lunch. The YMCA will provide healthy snacks in the morning and afternoon.

We are now a PEANUT AWARE ZONE!

Several of our campers have a severe allergy to peanuts. This allergy can be life-threatening and for these campers, strict avoidance is the only way to prevent an allergic reaction. Accidental contact or ingestion can be fatal.

We will **not** be serving any snacks with peanuts/peanut butter as well as providing peanut free tables at lunch time. We ask you to help us by avoiding sending food with peanuts, if at all possible.

PEANUT AWARE



ZONE

WHAT TO BRING TO CAMP:

Each camper should bring the following items to camp every day:

- Backpack
- Swimsuit and Towel
- Water Bottle
- Tennis Shoes
- Sunscreen and Bug Spray
- Positive Attitude

Please label all belongings!

WHAT NOT TO BRING TO CAMP:

- Personal items such as toys, games, cards.
- Electronic devices, including cell phones, tablets, etc.
- Gum / Candy
- Money

ATTENDANCE:

Consistent attendance is essential for each child to get the most out of Y Summer Camp and to help your child stay academically on course over the summer. Academic and enrichment activities are planned from **9:00 AM- 4:00 PM** each day.

Because many activities are group activities, every child's absence can impact other campers' experience and impact our effort to stop summer learning loss. Please make every effort to have your child at camp during our core programming hours each day. Excessive absence between 9:00 AM - 4:00 PM may lead to your child's dismissal from camp. No refunds will be given for any reason. If your child will miss Camp during these hours due to illness, appointments, etc. please notify Camp Staff by calling 712-333-7860.

CAMP TUITION PAYMENT:

If Camp is not paid for in full at the time of registration, payment must be made in full by May 24, 2019, or a payment plan has been set up. All balances on payment plans must be paid in full by Friday, May 31, 2019.

Camp fees, excluding the \$200 deposit, may be refunded only if canceled by May 24, 2019. **Absolutely no refunds will be issued after May 24, 2019.**

CHILD ILLNESS, ACCIDENTS & INJURIES:

Y Summer Camp is not equipped to care for sick or injured children for an extended period of time. In the case that a child becomes ill during the program, a parent or guardian will be contacted to pick up his/ her child as soon as possible. If a parent or guardian is unable to be reached, emergency contacts will be notified. It is the responsibility of the parents or guardians to arrange for the child to be picked up from Camp as soon as possible.

Routine lice checks will be conducted and in the case that lice is found, a parent or guardian will be contacted as soon as possible to pick up the child. If the parent or guardian is unable to be reached, the child's emergency contacts will be notified. The child will not be able to return to Camp until 24 hours after treatment has begun and all lice and nits have been removed.

In the case that a child or anyone in the immediate household develops a reportable communicable disease, it is the responsibility of the parent to notify Camp within 24 hours or the next business day in order for the Y to take proper action, except in the case of life-threatening disease which must be reported immediately.

Upon signing Camp registration forms, permission is granted for management and Camp Staff to act according to best judgment in the event of a medical emergency and/or routine medical care. Permission is granted for emergency medical treatment and/or routine medical care by the Y Summer Camp Staff, a rescue squad or private physician and/or hospital or emergency health care facility staff, under the same circumstances as above, if needed. Any such action will be taken in the best interest of the child and will be reported to a parent or guardian as soon as possible. Y Summer Camp is waived and/or released from any and all liability and/or financial responsibility for any medical expenses occurred.

MEDICATION:

Should your child need to receive medication while at Camp, parents must:

- Turn medication into Camp administrative staff in the original container with the child's name, doctor, and drug name on the outside.
- Complete and sign a Medication Consent Form, authorizing Camp Staff to administer medication to your child.
- Give specific written instruction for dosage amounts and times to be administered.

Medication will be kept in a safe and secure location and staff will complete daily charting for each medication given. No over-the-counter medications will be given without a doctor's name and order. A Medical Consent form must be completed and signed by a parent or guardian. Staff cannot split pills or administer amounts other than specified on the bottle. Staff will not administer the first dose of any medication. Your child must have been on the prescription medication for at least 24 hours before attending camp.

PHONE CALLS:

Should you need to reach your child, call the main Y Summer Camp line at 712-333-7860. Your child may have to return your call or have a message relayed to them. Camp Staff will contact parents or guardians in the case of emergency or child illness. Children may not bring phones to Camp.

COMMUNICATION WITH CAMP STAFF:

Formal and informal communication between parents/guardians and Camp Staff provide valuable insight for both. Problems that your child has at home may affect behavior at Camp. Staff requests that changes at home affecting your child (moving, family member hospitalization, alteration in parents' relationship, etc.) be reported to staff so we can better provide for your child's needs by being aware of the situation. This will enable Camp Staff to provide the best possible environment for the child's growth and development. Y Summer Camp Staff may not babysit, transport or care for children other than during Y Summer Camp program hours.

CAMP STAFF AGREEMENTS:

- Camp Staff will under no circumstances release a child to anyone other than those authorized by the parents, guardians in writing, including relatives and siblings of children. Sign in and sign out logs will be maintained and kept on-site. Staff will require any unknown person to show proper identification before releasing your child. Please indicate all possible people who may pick up your child on the registration form.
- Parents will be informed on a regular basis about their child's program participation. Parents should feel free to discuss their child's camp experience with Camp Staff at any time.
- All staff and volunteers will be identified by appropriate Y apparel and name tags. Children will be instructed to avoid individuals not so identified.
- All Camp Staff have completed YMCA orientation, trainings, background checks, Mandatory Reporting and CPR/First Aid certification.
- Each staff member is a mandatory child abuse reporter. Staff are required by state law to report any suspected or known child abuse.
- Staff does not discriminate in regard to race, religion, national origin, age, sex or disability.

BEHAVIOR MANAGEMENT:

It is our goal that each camper enjoy the activities planned and understand that he/she is responsible for his/her own actions. With prior knowledge of our basic rules of safe and good conduct, each child is expected to know how to exercise self-discipline, that the Camp Staff is here to help him/her, and that we want each camper succeed.

Camp staff believe that discipline should be used as an educational tool. We will therefore make every effort in our behavior management procedures to reward and recognize good behavior and to teach child good judgment and life skills.

Each classroom will implement Class Dojo, an education application that is fun, creative, and encourages each camper to maintain best behavior. Class Dojo connects the campers with their Camp Staff as well as their parents to build awesome classroom communities! With this, our Camp Staff will encourage campers to uphold all four of the YMCA's Core Values as well as develop individual integrity to earn Dojo Points to help their class reach goals and receive group awards. Parents/guardians will be able to logon and see how your camper is doing, too!

INAPPROPRIATE BEHAVIOR:

Anytime that a child is acting inappropriately at Camp, a "ticket" will be sent home in order to inform parents or guardians about the behavior and how it was handled. As in any group activity, inappropriate behavior can spoil the experience for the entire group. Therefore, the following conduct policies apply directly to each camper and will be used in determining his/ her eligibility to continue participation in Y Summer Camp.

Camp is unable to provide one-on-one care for any child, except on an intermittent basis. If your child's behavior is negatively affecting other campers and/or staff members at Camp, the following disciplinary process will normally be followed as appropriate.

Reasoning:

Every effort will be made to help the child understand the inappropriateness of his/her actions. The staff and child will then agree on appropriate action. If conflict is child-to-child, every effort will be made to have them reason together.

Beginning with a verbal reminder, followed by a verbal warning.

Removal from Activity: When reasoning has been pursued and behavior has not changed, a child will be removed from an activity for an appropriate time.

Child / Manager Conference:

When the Camp Counselor or Site Supervisor is not successful in correcting behavior, the Camp Director is consulted and may decide on necessary consequences.

Parent Conference:

If inappropriate behavior continues, parent conference will be requested. We will make every effort to find a way for the child to remain involved in the program and set written contracts with parents, campers and staff.

SUSPENSION/EXPULSION:

Inappropriate behavior that compromises the safety and positive experience of the Camp Staff or participants will not be tolerated and may result in immediate suspension or expulsion from the program without a refund.

In the event that your child proves unwilling to respect the policies of Y Summer Camp, staff will contact a parent or guardian. Depending on the severity and the location of the infraction, the parent will be expected to:

- Pick up the child immediately from Camp or program site.
- Meet with the Camp Director or Site Supervisor for a conference concerning infraction, during which the time of suspension or termination from program may be discussed.

BEHAVIOR BASICS:

The Y Summer Camp Behaviors Basics chart will be used as a guide for addressing behavior at camp. The infractions listed are examples of misconduct that would be addressed. Staff will handle each situation on an individual basis. Y Summer Camp reserves the right to address each situation on an individual basis, and disciplinary actions can be taken in any order.

Y CORE VALUE COLORS:

Respect- **Yellow**

Responsibility- **Green**

Honesty- **Blue**

Caring- **Red**

These will be displayed, taught, and implemented within each of our Camp classrooms!

NORM WAITT SR. YMCA SUMMER CAMP BEHAVIOR BASICS

ABOVE THE LINE	<ul style="list-style-type: none"> • Positive Social Behaviors • Listening to Others • Acting as a Positive Role Model 	<ul style="list-style-type: none"> • Taking Turns • Being Productive • Following Directions & Rules 	<ul style="list-style-type: none"> • Camper Receives Bonus Class Dojo Points & Reward From Summer Camp Director
BELOW THE LINE	<ul style="list-style-type: none"> • Bullying, Teasing, Name Calling • Playing with Food • Rolling Eyes • Cutting in Line • Using Inappropriate or Rude Language 	<ul style="list-style-type: none"> • Arguing • Eating Others' Food • Unwillingness to Follow Rules • Refuses to Stay with Group • Refuses to Participate 	<ul style="list-style-type: none"> • Reasoning/Removal from Activity • Child & Manager Conference - Parents will be notified of repeated Below the Line Behaviors
BOTTOM LINE	<ul style="list-style-type: none"> • Harassment • Inappropriate Gestures/Exposure • Defiance of Authority • Swearing • Vandalism • Repeated Below the Line Behaviors 	<ul style="list-style-type: none"> • Threatens Others • Cheating or Stealing • Racial Slurs • Weapons • Causes Injury to Self or Others 	<ul style="list-style-type: none"> • Ticket is sent home for each Bottom Line behavior • 1st: Parent Conference • 2nd: Child will be sent home for the day • 3rd: 3 day suspension

SUMMER DAYS OUT:

When school is out for the day, fun is in session at the Y! Children have the opportunity to spend the day swimming, playing games, creating art, experiencing science, and meeting new friends at the Y with us.

Ages Pre-K – 5th Grade Available 7:30 AM – 5:30 PM each scheduled Summer Day's Out.

- \$30 member rate per child, per day.
- \$40 non-member rate per child, per day.

*Register now—spots **limited** and are on a first come, first serve basis!

Summer Dates:

Monday, August 5 – Friday, August 9

Monday, August 12 – Friday, August 16

FREE SWIMMING LESSONS:

Every child that attends Norm Waitt Sr. YMCA Summer Camp will now have FREE Swimming Lessons and S.A.W. (Safety Around Water) curriculum included!

CAMP IMAGINARIUM:

“A camp devoted to the imagination!”

SCIENCE, TECHNOLOGY, ENGINEERING, ARTS, & MATH!

DATES: July 1st-3rd & 5th

AGES: PreK-5th Grade

TIME: 9:00AM – 4:00PM

PRICING:

Members: \$120 | Community: \$140

*SPACE IS LIMITED



Register online @ www.nwsymca.org

NORM WAITT SR. YMCA

601 Riverview Drive
South Sioux City, NE 68776

W: nwsymca.org

P: 402-404-8439

F: 402-404-8444

The Norm Waitt Sr. YMCA is a not-for-profit, cause-driven, charitable organization.