



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NORM WAITT SR. YMCA SWIM LESSONS —WINTER 2

PARENT & CHILD SWIM LESSONS



These programs are designed for parents/guardians to accompany their child in the water.

WATER DISCOVERY & EXPLORATION: 6-MONTHS to 3 YEARS OLD WITH PARENT OR GUARDIAN

WATER DISCOVERY & EXPLORATION

Water Discovery & Exploration:

Introduces infants and toddlers to the aquatic environment. Focuses on exploring body positions, blowing bubbles, and fundamental safety and aquatic skills.

Parents* are in the water and guide their students under the guidance from an instructor.

*We define parent broadly to include all adults with primary responsibility for raising children, including biological parents, adoptive parents, guardians, stepparents, grandparents, or any other type of parenting relationship.

Winter 2 Class Dates:

February 2nd—
February 23rd.

Saturdays
10:45AM–11:25AM

Cost:
\$25.00 Members
\$35.00 Non Members

QUESTIONS?

Email our Aquatics Director, Cailee Conlon, with any questions at cconlon@nwsymca.org.